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THE ST. MARK'S MEN'S CLUB meets on Tuesday, May 16 at 6pm in the Hall. Join us for appetizers at 6pm followed by a dinner of Ken's famous potatoes and his homemade meatloaf. Our guest speaker is Steve MacPherson from the Medical Venturers (Boy Scouts of Canada). Many of you will know Steve from his assistance on the grill with the Shrove Tuesday pancake supper. Cost: \$12. First timers are free. Please let Brian know that you are coming: brian.walks@gmail.com or 604-538-3568.

Bible Readings for Sunday, May 21

Acts 17:22-31, 1 Peter 3:13-22, John 14:15-21, and Psalm 66:8-18

The Healing Service – with the Eucharist, 10am this Wednesday, May 17 – Come and experience the healing touch of our Lord Jesus. Everyone is welcome. James 5:16 "...pray for each other so that you may be healed. The prayer of the righteous (person) is powerful and effective."

<u>Prayer Chain Contact</u> – The coordinator for the Prayer Chain is Mary Brown who can be reached at 604.535.6408 or at marybrown@telus.net

ACW Spring Lunch and Sale

On Saturday, June 3, 2017 from 11am to 2pm. Baking, Crafts, Treasures, Raffle & Lunch. Raffle prizes on display and raffle tickets on sale after Church in the Hall on May 14 & 21 & 28

Fashion Show

The Ladies Guild would like to thank Edge Fashions, Rhonda McJannet, Lauren MacPherson and Peek-A-Boo Beans Clothing and Eurovision Optical for sponsoring our Mothers Day Fashion Show and Tea. We would also like to thank our wonderful models. Thank you to Isabel and her team of volunteers in the kitchen Friday and Saturday. It truly takes a village to stage an event like this and our small band of volunteers did a stellar job.

- Linda O'Donovan, President, Ladies Guild

"PARISH PULSE" NEWSLETTER OF ST. MARK OCEAN PARK

SUNDAY MAY 14, 2017

Ladies Guild

Just a reminder of our monthly meeting on Tuesday, May 16 at 2pm in the Family Room. Guest speaker will be Eliza Olsen, LL.D, B.Ed., President of the Burns Bog Conservation Society.



SUMMER TLC for St. Mark's Gardens

Please sign-up in the Hall to assist with watering, dead heading & weeding our many gardens/ baskets as may be required during May – Sept.

Anne Schreck 604.536.0072 (until May 14)

The Lunch Basket for Hungry Children is provided this week to the Glory of God and in memory of Blanche Biddle.

"Change of Heart" Contemplative Prayer
Service - Sunday, May 28 at 7pm in the Family
Room.

Flowers for the Altar – today are given to the Glory God and in remembrance of Les Smith, husband and father and Michelle, granddaughter and daughter, by Hilda and Kathryn.

Flowers are also given to the Glory of God and in thanksgiving for our mother, Irene Thomson, 90th birthday, from her many blessings the Thomson, Neyedli and Leger families.

<u>Savvy Seniors Get-Together</u> - The next one is on Wednesday, May 24 from 1pm to 3:30pm.

A QUICK LOOK AHEAD

Wed. May 17: 10am Healing Service
Fri. May 26 & Sat. May 27: Diocesan Synod
Sat. June 3: 11am-2pm ACW Spring Lunch & Sale
Sat. June 10: 5:30pm Men's Club Chicken Bar B Q
Sat. June 17: 6pm Embrace Rwanda Dinner Fundraiser
Wed. June 21: 10am Healing Service
More details to come. Book these dates on your
calendar.

Toys for Rwanda

Barb Walks is collecting toys in new or very good condition for a mission trip with Embrace Rwanda in August. She will be helping teenage preschool teachers teach young children how to play. Put donations in the labelled bin in the Narthex please.

Items needed are:

- · children's blunt-tip scissors
- stacking cups
- die-cast cars
- new beach balls
- 18"washable drawstring bags
- hand or finger puppets
- Beanie Baby-style stuffy toys
- 1&1/2"or larger macramé beads
- crayons
- dominoes
- knitted teddies or babies (dark skinned)
- duplo blocks (bigger than Lego)
- wooden or plastid African or farm animals
- wood knob or chunky puzzles
- 5"x6" squeezy balls or deflated playground balls
- small hand pump & ball needle
- wrist or ankle bells
- tambourines

Contact: Barb Walks 604-538-3568

CHILDREN'S MINISTRY

MAY IS MISSIONS MONTH FOR OUR SUNDAY SCHOOL. OUR SLOGAN: ROLL UP YOUR SLEEVES FOR JESUS! PLEASE HELP US ACHIEVE/SURPASS OUR GOAL

LAST YEAR WE SURPASSED OUR GOAL TO COLLECT ENOUGH FOOD TO FILL 60 BAGS OR MORE. PLEASE HELP US TO ACHIEVE/SURPASS IT AGAIN THIS YEAR. WE WOULD APPRECIATE THE FOLLOWING FOOD/DRINK TO FILL OUR LUNCH BAGS:

- CANNED TUNA, SALMON OR

HAM

- CANNED BAKED BEANS

REAL FRUIT SNACKSINDIVIDUAL FRUIT CUPS

- GRANOLA AND/OR FRUIT BARS

- POPCORN

- SMALL BOXES OF RAISINS/DRIED FRUIT

- JUICE BOXES

ANY OTHER HEALTHY LUNCH FOOD.

MANY, MANY THANKS IN ADVANCE FOR ALL YOUR HELP. WE REALLY APPRECIATE IT AND WE REALLY APPRECIATE EACH AND EVERY ONE OF YOU.

Upcoming Events

Monday, May 15

9am - Exercise - Hall

Tuesday, May 16

2pm Ladies Guild - Family Room

6pm - Men's Club Meeting - Hall

7pm - Youth - Youth Room

7:30pm - ESL Bible Study - Office

Wednesday, May 17

9am - Yoga - Education Centre

10am - Healing Service - Sanctuary

7:30pm - Choir Practice - Sanctuary

Thursday, May 18

11:30am to 2pm – Retired Clergy and Spouses Lunch, convened by Dorothy Mash (set up begins at 9am)

1pm – Outreach Committee Meeting – Educ. Centre

Friday, May 19

9am - Exercise - Hall

<u>VICTORIA DAY IS MONDAY, MAY 22</u> <u>AND AS A RESULT</u> THE OFFICE WILL BE CLOSED THAT DAY.